

Summer Class Schedule

June 7, 5:30-6:15 - Stretch
and Relax (any level)

June 23, 5:30-6:30 -
Outdoor Yoga (any level)

July 7, 5:30-6:15 -
Beginner Vinyasa Flow

July 21, 5:30-6:15 - Stretch
and Relax (any level)

August 9, 5:30-6:15 -
Beginner Vinyasa Flow

August 18, 5:30-6:30 -
Outdoor Yoga (any level)

ALL CLASSES ARE FREE OF CHARGE. YOGA MATS ARE NOT PROVIDED. SPACE IS LIMITED FOR INDOOR CLASSES. PLEASE PRE-REGISTER BY CALLING 712-258-0838 OR EMAILING KSANDAGE@WOODBURY PARKS.ORG